

HOW DO YOU PREFER TO RECEIVE FEEDBACK?

- Timing
 - Early in the day? After a couple of coffees? Middle of the day? End of the day?
 - As you are messing something up? Immediately after (let me finish it first)? Sometime later?
 - Set up a time in advance? Just catch me in the hallway or pop in to see me?
- Praise vs. criticism
 - Do you like to receive praise one way and criticism in another?
 - What ratio of praise-to-criticism do you want? Just the stuff that you're messing up...or some balance of praise as well as criticism?
- Delivery methods
 - Verbal feedback or written feedback?
 - In-person delivery or not?
 - Public or private? Does it depend on whether it's praise or criticism?
- Are there any differences in how you prefer to receive feedback in your personal life vs. your professional life?
- Level of detail
 - Do you prefer lots of detail and examples, with as much information as possible? Or do you prefer the bullet-point version, focusing only on the highlights?
- The role of emotions
 - How important is "tone" to you? So, tone or voice or tone of delivery generally?
 - If there is an emotional component to the feedback, do you want to hear/see/feel that? Or would you prefer just the facts, without the emotions?
- Any pet peeves? So, things you really DON'T like when you're on the receiving end of feedback? Things that someone giving you feedback definitely should NOT do?
- Any other preferences that were not included in the items above?

